



Institut für Anästhesiologie

# Advanced POCUS Workshop Komponente 10: Regionalanästhesie und Gefässpunktion

Samstag, 10. Mai 2025, 8.30–17.35 Uhr  
Konferenzzentrum, Stadtspital Zürich Triemli

In Zusammenarbeit mit



Stiftung  
Stadtspital  
Zürich



[Zur Anmeldung](#)

# Program

## Saturday May 10, 2025

8.30 h	<b>Welcome</b> PD Dr. med. Stephan Blumenthal PD Dr. med. José A. Aguirre
8.45–9.45 h	<b>Lectures</b> <b>The impact of AI for Anaesthesia</b> Dr. med. Barbara Rupnik <b>Ultrasound for Anaesthesia and Pain Therapy</b> Prof. Dr. med. Esperanza Ortigosa <b>Lessons From Ophthalmic Anaesthesia Relevant for All Regional Anaesthesia</b> Dr. med. Friedrich Lersch
9.45–10 h	<b>Coffee Break &amp; Visiting the Industry Exposition</b>
10–12 h	<b>Practical Session 1:</b> <b>Upper extremity/Spine Special I/Advanced Breast &amp; Thoracic Anaesthesia I/Blocks for Ophthalmic Anaesthesia</b> WS1: Modern Blocks for Shoulder & Clavicular Surgery WS2: Tips and Tricks for Axillary Block and Rescue WS3: Up to date in Breast & Thoracic Anaesthesia/Analgesia part I: Interpectoral Blocks & Pecto-Serratus Block WS4: Anaesthesia & Pain Therapy (conventional and pulsed RF for interventional Pain Therapy) Around the Cervical Spine WS5: Blocks for Ophthalmic Anaesthesia
12–13 h	<b>Lunch, Visiting the Industry Exposition</b>
13.15–15.15 h	<b>Practical Session 2:</b> <b>Fascial Plane Blocks/Spine Special II/Advanced Breast &amp; Thoracic Anaesthesia II/Blocks for Ophthalmic Anaesthesia</b> WS6: Up to date in Breast & Thoracic Anaesthesia/Analgesia part II: Paravertebral block & Erector Spinae Block WS7: Fascial Plane Blocks for Abdominal Surgery WS8: Advanced Blocks Around the Clavicle WS9: Anaesthesia & Pain Therapy (conventional and pulsed RF for interventional Pain Therapy) Around the Lumbar Spine WS10: Blocks for Ophthalmic Anaesthesia
15.15–15.30 h	<b>Coffee Break &amp; Visiting the Industry Exposition</b>

# Program

## Saturday May 10, 2025

15.30–17.30 h	<b>Practical session 3:</b> <b>Regional Anaesthesia and Pain Therapy for The Lower Extremity &amp; Blocks for Ophthalmic Anaesthesia: Tips and Tricks for Aficionados</b> WS11: Modern Approaches for Hip Anaesthesia/Analgesia WS12: Modern Analgesia for Knee Surgery WS13: Block Failure: Rescue Blocks for the Lower Extremity WS14: Blocks for Ophthalmic Anaesthesia WS15: Pain Procedures around the Hip
17.35 h	<b>Course evaluation/Certificates &amp; Farewell Apéro</b>

### Organizing & Scientific Committee

#### PD Dr. med. Stephan Blumenthal

Head of the Institute of Anaesthesiology,  
 Stadtspital Zürich

#### PD Dr. med. José A. Aguirre

Medical Director Ambulatory Center Europaallee,  
 Stadtspital Zürich

#### Dr. med. Annette Köhlinger

Consultant Anaesthetist, Spital Bülach

### Co-Course Directors

#### PD. Dr. med. José A. Aguirre, MSc, EDRA

– Kursleiter SGUM/ICAN/Schmerzspezialist SPS

– SARA Educational Officer, Former EDRA

– Chair & ESRA Board Member

– Hands On Workshop Responsible at

the ESRA Annual Congress

– Tutor at several Regional Anaesthesia

ESRA & POCUS Workshops

– Medical Director Ambulatory Center Europaallee,

Stadtspital Zürich

#### Dr. med. Annette Köhlinger

– Kursleiterin SGUM/ICAN

– Tutor at several Regional Anaesthesia

POCUS Workshops

– Consultant Anaesthetist, Spital Bülach

### Faculty

#### Prof. Dr. med. Esperanza Ortigosa

– Specialist in Anaesthesia and Pain Therapy

– Tutor at several Regional Anaesthesia & Pain ESRA Workshops

– Head of Anaesthesia & Chronic Pain Department

– Hospital Universitario de Getafe Madrid

#### Dr. med. Andreas Bürgi

– Tutor SGUM/ICAN

– SARA Webmaster

– Tutor at several Regional Anaesthesia

POCUS Workshops

– Anaesthesia Specialist, St. Anna Luzern

#### Dr. med. Friedrich Lersch

– Tutor at several Regional Anaesthesia POCUS Workshops

– Swiss Organizer of the World Reg. Anaesthesia Day

– Senior Consultant, Inselspital Bern

#### Dr. med. Barbara Rupnik, EDRA

– Tutor SGUM/ICAN

– SARA Board Member

– Tutor at several Regional Anaesthesia ESRA &

POCUS Workshops

– Consultant Anaesthetist, See-Spital Horgen

#### Dr. med. Angelika Schaffler, EDRA

– Tutor SGUM/ICAN-Candidate

– Tutor at several Regional Anaesthesia POCUS Workshops

– Consultant Anaesthetist, See-Spital Horgen

#### Dr. med. Simone Valentin

– Tutor SGUM/ICAN-Candidate

– Tutor at several Regional Anaesthesia POCUS Workshops

– Responsible for the Regional Anaesthesia Program & Consultant Anaesthetist, Stadtspital Zürich

#### Dr. med. Roman Zürcher

– Tutor SGUM/ICAN/Tutor NYSORA

– SARA Secretary

– Tutor at several Regional Anaesthesia

ESRA & NYSORA & POCUS Workshops

– Anaesthesia Specialist, Bethesda Spital Basel

# Informations

## Endorsement

This POCUS Advanced Workshop will be endorsed by SARA  
[www.sara-ssapm.org](http://www.sara-ssapm.org)

## Credits

SGUM: 9 Credits; SSAPM: 8 Credits;  
SGNOR: 8 Credits; EDRA: 6 HO-UP

## Attendance Fee

CHF 450.– (including coffee breaks & lunch)

## Remarks

- 5 participants/tutor
- 40 min./workshop
- 3 workshops / session of 2 h
- 6 h hands on and 60 min. lectures

## How to get here



Stadtspital Zürich Triemli  
Birmensdorferstrasse 497  
8063 Zürich  
T +41 44 416 11 11

[stadtspital.ch](http://stadtspital.ch)

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